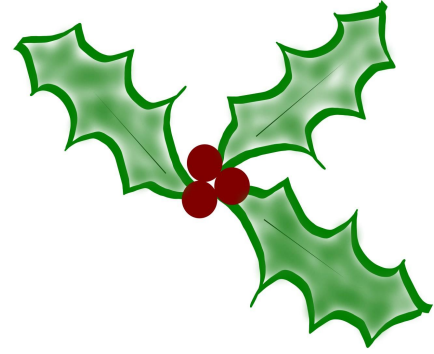


Friends at the Spring

Twelfth Month 2022



Meeting for Worship takes place at 11:00 a.m. (September – May). We continue to offer the opportunity to meet for worship as a small in-person group while simultaneously meeting via video conferencing for those who need or choose to stay at home.

December	On-site tech host	Worship Leader(s)	Program
4	Elizabeth	Ron and Elizabeth	Elizabeth
11	Ron	Ron and Elizabeth	Ron
18	Elizabeth	Ron and Elizabeth	Elizabeth
25			Open worship

There will not be a meeting with attention to business in December.

We are in need of volunteers to **lead worship in the new year**. Please let Chuck Fager know if you are available to help.

Holiday Giving: Spring Friends Meeting will be collecting food, personal care items, household items, and monetary donations for the [Cora Food Pantry](#) through Sunday, December 11th. Please see below for more details.

Contributions: The operational expenses of Friends at Spring are thankfully modest but the need to support both our local and global community remains. The following contribution methods are available:

- Contributions via the meeting's [PayPal Account](#)
- For contributions by direct deposit, contact friendsatthespring@gmail.com
- Contributions by check made out to "Spring Friends Meeting" and mailed to treasurer Ron Osborne at: 2585 Nealwood Avenue, Graham, NC 27253

Happy birthday!

Dec. 7 Jennifer Walker
Dec. 11 Chuck Fager
Dec. 16 Shaye Phillips
Dec. 16 Grace Dodge
Dec. 21 Jerry Barlow

Happy Anniversary!

Dec. 21 Judith and Christine Bush



In September 2022, CORA Food Pantry served 919 Families totaling 3,131 people, which is a 20% increase since September 2021. Unfortunately, the Food Pantry expects to see these numbers continue to increase, which would make this their busiest Holiday Season to date. Here are some ways that you can help out:

FIRST... You can collect goods or items from your usual method of weekly grocery shopping. (Lori's tip: Look for sale prices on "most needed" items or buy in bulk to get the most "HELP" out of your \$\$\$)

THEN... 1. Drop off your Food, Personal Care, or Household Items, at the Meeting House by December 11th, and Shaye and Lori Phillips will pick up and deliver these items to the CORA Food Pantry.

OR

2. You can make a one time donation by a check made out to "Spring Friends Meeting" for the CORA Food Pantry. (One check will be written from Spring Friends Meeting for CORA.) Please mail your donation checks to Ron Osborne at 2585 Nealwood Avenue, Graham, NC 27253

**Be sure to write CORA in the memo line of your check.

Here is a list of MOST Needed items :

Pasta, (any kind)	Pasta Sauce	Cereal	Cereal Bars	Oatmeal
Grits	Rice	Peanut Butter	Canned Vegetables (any)	
Canned Fruit, (any)	Flour (any size)	Corn Bread or Muffin Mix		Pancake Mix
Masa Harina (Maseca), any size	Soup	Canned Meat, any size		
Canned Beans	Sugar	Salt and Pepper	Vegetable or other oil	
Condiments (ketchup, mustard, mayonnaise, other)			Jelly or Spread	
Baking Soda or Baking Powder				
Vinegar				
Personal Care Items: tooth paste, soap, shampoo, deodorant, etc				
Household Items: paper towels, toilet paper, etc				

