



Friends at the Spring Tenth Month 2025

Oct. 2025	On-site tech host	Worship Leader(s)	Program
5	Elizabeth	Stephanie	11:00 Worship 12:00 Fellowship Tea
12	Kara	John	9:30 breakfast and Quakerism 101 (with guest Isaac May via Zoom) 11:00 Worship
19	Jen	Sarah	9:30 Monthly Meeting with attention to business 10:30 Fellowship Tea 11:00 Worship
26	Elizabeth	Elizabeth	11:00 Worship Songs of Community

Contributions to Spring Friends:

- [Zeffy](#) (preferred) or [PayPal](#)
- Direct deposit. Contact friendsatthespring@gmail.com
- Check made out to “Spring Friends Meeting” and mailed c/o Ron Osborne at 2585 Nealwood Avenue, Graham, NC 27253

Spring Friends Bookclub: every 1st Wednesday at 6:30 p.m. at Spring. Please bring a simple dish to share and come as you are, even if you haven't finished the book.

This month we are reading *The Diamond Cutter: The Buddha on Managing Your Business and Your Life* by Geshe Michael Roach

Overview: A fusion of Buddhist philosophy and business acumen, this book presents 46 common business challenges and offers solutions rooted in Buddhist teachings, emphasizing the interconnectedness of actions and outcomes.

Spring Friends Meeting will have a booth at **Alamance Pride Day** Saturday, October 4th from 12pm-6pm near the historic depot in downtown Burlington. All are welcome to stop by and say Hello.

October Birthdays

Polly Dickson Oct. 5
Tucker Barlow Oct. 10
Rachel Osborne Oct. 24

October Anniversaries

Mike and Kara Oct. 1
Heather and Suzanne Oct. 25
Lori and Steve Oct. 30



The most important hour is always the present. The most significant person is precisely the one sitting across from you right now. The most necessary work is always love.

— Meister Eckhart