



May 2026	On-site tech host	Worship Leader(s)	Program
3	Stephanie	Stephanie	11:00 Open Worship 12:00 Fellowship Tea
10	Jen	Jen	11:00 Worship (Mother's Day, so no Quaker Forum this month)
17	Kara	John	9:30 Monthly Meeting 10:30 Fellowship Tea 11:00 Worship
24	Jen	Jen	11:00 Worship
31		Cindy and Dan	11:00 Worship

Spirituality is not to be learned by flight from the world, or by running away from things, or by turning solitary and going apart from the world. Rather, we must learn an inner solitude wherever or with whomsoever we may be. We must learn to penetrate things and find God there. Meister Eckhart

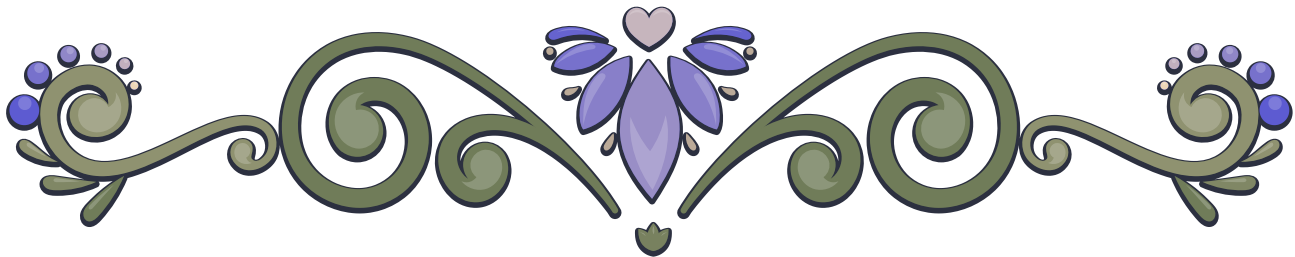
Contributions to Spring Friends:

- [Zeffy](#) (preferred) or [PayPal](#)
- Direct deposit. Contact friendsatthespring@gmail.com
- Check made out to “Spring Friends Meeting” and mailed c/o Ron Osborne at 2585 Nealwood Avenue, Graham, NC 27253

The next meeting of the **Technology and Communications** committee will take place on Tuesday May 12 at 6:00 p.m. via Zoom. We will be discussing draft guidelines to inform our social media presence. This is an open meeting with all F(f)rineds invited to join the discussion.

Friendly reminder from the Technology and Communications Committee: The Spring-announce Email **Listserv** has roughly 90 subscribers - more people than just our typical attendees. Before sending a message to the Listserv, please consider the content. If the information is more appropriate for a smaller audience, it is recommended to send directly to those recipients. Contact information for individuals can be found in the **Directory**, which is available to all who are listed there and currently being updated by Bruce and Cindy- anyone currently active in the Meeting is invited to be included.

The **Peace and Social Concerns** Committee meets the second Thursday of every third month. The next meeting will take place on Thursday May 14 at 6:30 p.m. via Zoom. This is an open meeting with all F(f)rineds invited to join the discussion.



May Birthdays:

23rd Steve Phillips 27th Michael Nelson 27th Sue Fry 31st Charley Flint

May Anniversary: 19th Carol and Jerry Barlow